



aestus

WELLNESS CENTRE

Aestus is a wellness cum training centre situated in the lap of Shivalik Hills that offers an exciting gateway which is not too far from you, but will surely transform your world. This is an idyllic place to visit and experience the excitement and adventure with your family or teams. The pristine fresh air, the scenic beauty and the intimacy with mother nature will rejuvenate your spirits and enrich your memories.

Aestus is a one hour drive from the city of Chandigarh and is conveniently located on the Old Kasauli Road from Parwanoo. The property is equipped with all amenities, comfortable accommodation, high standards of hospitality and offers a range of exciting activities to make your visit a memorable experience.

45minutes Trekking route.
2 Tier Tropical Rainforest with Rain Dance Floor
Waterfall with Fish Ponds
Green Energy Models

18feet High Burma Bridge
Zip Line & Tallest Swing
Health Check Up
Aamla Plant
Turmeric Churning Plant

Star Gazing through Telescope
Sunhouse for Training Sessions
Yoga and Meditation Sessions
Wooden Machhans
Camping in Tents & Bonfire

- Health check up and wellness training sessions conducted by professionals.
- Enjoy the 360° scenic views from our elevated platforms built at strategic points on the hill.
- Enjoy pleasant walks around the property and explore over 250 plantings inclusive of medicinal plants, cactus islands, fruit trees and exotic trees that are rare to these surroundings.



Website: www.aestusglobal.in
 Email: wellness@aestusglobal.in
 Phone: +91- 172- 4243333



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